



For the Benefit of Shree Jalaram Mandir

BRAHMIN SAMAJ OF FLORIDA

PRESENTS

MUSICAL MEDITATION & YOGIC THERAPY CAMP

BY

H. H. Yogiraj Omprakash Maharaj

(Founder & President:-OM YOG SANSTHAN (TRUST), PALI, FARIDABAD, INDIA)

FROM SEPTEMBER 30th TO OCTOBER 02nd, 2011

Location

Shree Jalaram Mandir

600 HULL ISLAND DRIVE OAKLAND, FL 34787

Entrance is Free and Donations accepted

(Make checks Payable to Shree Jalaram Mandir)

SCHEDULE & PROGRAM OUTLINE OF YOGA CAMP

**SEPT 30th:-
7pm to 9pm**

**GENERAL YOGA PRACTICE, CERVICAL & LUMBAR SPONDYLITIS, STIFF NECK,
FROZEN SHOULDER, BACK ACHE, SCIATICA PAIN, JOINTS PAIN, RHEUMATOID
ARTHRITIS, GOUT & KNEE PAIN**

**OCT 1st :-
5pm to 8pm**

**DISORDERS OF DIGESTION & ABDOMINAL, CONSTIPATION, ACIDITY, PILES,
GASTRIC PROBLEM, OBESITY, WEIGHT LOSS PRACTICE, GYNECOLOGICAL
PROBLEMS & FITNESS PROG.**

**OCT 02nd :-
10am to 12:30pm**

**DIABETES MELLITUS, CARDIAC (HEART) PROBLEM, LIVER & KIDNEY
DISORDER, ASTHMA, NASAL ALLERGIES, BREATHING DISORDER, STRESS
MANAGEMENT RESPIRATORY DISORDER, SYNUSITIS, INSOMNIA, SKIN
DISEASES & MEDITATION**

YOGA IS A WAY OF LIFE COME AND EXPERIENCE THIS CAMP TO RELAX, REJUVINATE AND ENLIGHTENED MIND FOR ALL AGE GROUPS.

CONTACT- MR. JIGNESH VYAS (407-687-3150), MR. VIKRANT MEHTA (407-927-6983), MR. NARAD (352-552-2323)